

Unveiling the perfect Italian Island Escape 5* ADLER Spa Resort SICILIA opening July 2022



PUBLISHED MAY 18, 2022
BY [PRESSAT](#)

Resting atop a coastal plateau overlooking the Mediterranean Sea, surrounded by nature is the luxurious new ADLER Spa Resort SICILIA. Located on Sicily's southernmost shores, this inspiring resort is the latest development project for the Sanoner family, founders of the much-respected hospitality brand ADLER Spa Resorts & Lodges. An inspiring example of contemporary architecture with a definite 'wow' factor, this impressive resort has been designed with sustainability at its core.

An innovative development that sits seamlessly and fittingly within the landscape. ADLER Spa Resort SICILIA features integrated systems that actively lessen the impact on the surrounding environment. A stunning, no compromise design, the new ADLER Spa Resort SICILIA resort offers 5* hospitality, state of the art spa facilities and a breathtaking, natural location. Here, every environment both inside and out has been cleverly curated to promote a sense of wellbeing and harmony. The concept is one of a fully immersive 360° luxury spa experience where guests can indulge the senses from dawn to dusk in an enchanting Mediterranean setting.

The Adler philosophy is intrinsically holistic, where the mind, body and soul are treated as

one. Experiences, activities, excursions, and therapies all promote a profound sense of renewal, creating moments of lightness and re-balancing the overall equilibrium. At the heart of the resort is the spa with 13 treatment rooms overlooking the crystal-clear sea below. The spacious spa offers therapies and beauty treatments that capture the essence of Sicily, with

oils, extracts and ingredients gathered from the gardens and the countryside beyond.

The spa also boasts a yoga platform, Thalasso pool, three saunas and fully equipped fitness studio. Surrounding the spa are perfectly landscaped gardens which gently taper downwards to a private beach and a secluded eco-lido situated in a sheltered bay. The natural environment shapes every aspect of resort living at the ADLER Spa Resort SICILIA.

Here the cuisine is Influenced by the Mediterranean location and the resort's gourmet restaurant and al-fresco osteria both respect the seasons with menus featuring locally grown, organic ingredients. With a focus on seasonality and the locality, cooking classes include homegrown products and wine tastings are hosted by nearby organic wineries

The resort offers guests weekly programmes where guests can combine pure relaxation with more active experiences such as yoga, hiking, fitness, water sports and horse-riding, with many daily activities included within the all-inclusive price.

ADLER Spa Resort SICILIA consists of 90 rooms comprised of two categories, junior and family suites, catering both to couples and families, each spacious room enjoys its own private terrace with far-reaching sea views.

The exclusive lifestyle at ADLER Spa Resort SICILIA is one of laid-back luxury. Here, La Dolce Vita flows naturally, encouraging guests to immerse themselves in their surroundings and soak up the evocative atmosphere of al-fresco living, Italian style.

For images and further media enquiries including press trips please contact

Press release distributed by Media Pigeon on behalf of Pressat, on May 18, 2022. For more information subscribe and [follow us](#).

Press Contacts

1. **Alison Lancaster**

Editorial

editorial@pressat.co.uk

Media Assets

Embedded Media

Visit the [online press release](#) to interact with the embedded media.

<https://mediapigeon.io/newsroom/pressat/releases/en/unveiling-the-perfect-italian-island-escape-5-adler-spa-resort-sicilia-opening-july-2022-18966>

Pressat

Newsroom: <https://mediapigeon.io/newsroom/pressat>

Website: <https://pressat.co.uk/>

Primary Email: wire@pressat.co.uk

Social Media

Twitter - <https://twitter.com/pressat/>

Facebook - <https://www.facebook.com/pressatuk/>

Linkedin - <https://www.linkedin.com/company/pressat-co-uk/>
