

What Should You Do if You Have Bed Bugs?

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When the bugs appear, there are a few ways to control the population from spreading and getting bigger. However, there is no quick fix to remove bed bugs. With professional treatment by your local exterminator, they can be eradicated.

Identify the bed bugs Adult bed bugs are approximately the size of an apple seed, and they are brown with a flat, oval body. Young Bed bugs are much smaller and translucent in color. Bed bug eggs are the size of a pinhead and are pearl-white in color.

Locate the bed bugs The best way to locate the bed bugs is to be aware of the following [early signs of bed bugs](#) and early signs of bed bugs eggs.

When Early Signs Of Bed Bugs Appear, Vacuuming Removes Dead Bed Bugs

The right kind of vacuum will collect adult and nymph bed bugs. In between cracks and crevices, use the vacuum hose without putting too much force on the area. You should remove the vacuum bag from the vacuum machine as soon as you are done vacuuming. A vacuum cleaner may not completely kill bed bugs, so the vacuum must be completely sealed. Effective bed bug control is almost effortless with the right vacuum cleaner.

Since early bed bug stains on sheets and [duvet covers](#) can be found, [wash bed sheets](#) and covers after an infestation is crucial to eradicating bed bugs quickly. It is easiest to get rid of bed bugs by washing and drying your bedding and mattress cover at the right temperature.

Change bedding and washing them on high heat in the washer. After that, if you want to be absolutely sure that all

bed bugs are dead, dry your sheets at high temperatures.

By purchasing an encasement, you can avoid using pesticides and insecticides on your bed. Bed bugs are trapped and suffocated inside mattress encasement like plastic bags.

Place the encasement on your mattress and leave it on for at least two days to ensure all bed bugs are dead. Remove the covering and vacuum all of the dead bed bugs and their eggs.

Using a handheld steamer to kill bed bugs on couches can be effective. Because the steamer produces high temperatures, bed bugs cannot survive.

The use of interceptors is one of the easiest ways to prevent bed bugs. An interceptor is an excellent tool for catching and retaining bed bugs that attempt to crawl up your bed frame or couch legs.

In addition, you want to know [how long do bed sheets last?](#) It's also related by bedbugs' infestation. If your [bed sheets](#) or covers have received a serious infestation of bed bugs, you really need to replace them with new ones.

It is important to be aware of how to prevent bed bugs in your everyday life. Here are some prevention tips to keep in mind regarding how to avoid bed bugs:

- Vacuum suitcases after returning from a vacation.
- Check your sheets for tell-tale blood spots.
- Carry a small flashlight to assist you with quick visual inspections.

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