

What Are the First Signs of Bed Bugs?

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The fecal stains may be the earliest signs of a bed bug infestation. Small red to reddish brown fecal spots on mattresses, upholstery or walls.

The symptom of bed bug infestation is [early signs of bed bugs](#) on sheets. Usually, these stains will appear in reddish-brown color on one side of the sheet. These stains are caused by crushed bed bugs. The bugs are very easily crushable, and the blood they left is visible. The resulting bloodstains will also appear on mattresses and headboards, so it is vital to remove these items immediately.

Bed bug eggs and their shells are another sure sign. You should check your flea eggs on [bed sheets](#). A female flea can lay up to fifty-eight eggs a day. If she is not feeding on her host, she will only be able to lay one egg at a time. The eggs can stay on your bed for weeks and even months.

Early signs of bed bugs bites: Red, itchy bite marks, especially on the legs, arms and other body parts exposed while sleeping.

It's not really possible to diagnose if you have bed bugs by looking at bites on your skin alone. It is a very good early signs of bed bugs, they usually look like red or pink itchy bumps that are rather small. The bites tend to appear during the night when the bed bugs feed on your blood, this is why if you wake up in the morning, and you see those spots on your arms, legs, or back, that is very likely you have bed bugs. Some bed bug bites cause swelling, while others just appear as a small red rash or even a barely visible bump.

Very heavily infested areas may have a characteristically

sweet odor.

What Are Signs That You Have Bed Bugs?

The early signs of bed bugs are the droppings of the insects. These stains are rusty brown or black and can be easily recognized as bed bug fecal smears. They can be hard to wash off, as they contain processed human blood. To ensure that your sheets are free of these stains, you can take action as soon as possible. The sooner you catch the bugs, the better.

Another early signs of bed bugs infestation is the presence of bloodstains. When the bugs bite, they may leave traces of blood. This is a sign of other pests in your home. If you find bloodstains on your bedsheets or [duvet covers](#), you should immediately remove the sheets to perform a thorough inspection.

When living in warm conditions, bed bugs will usually try to feed at regular intervals. Adult bed bugs can survive for about five months without a blood meal. Once the bed bug settles on a host, it will feed for a few minutes. Length of feeding depends on the stage of development, how much it ate last time, and how long it's been since it last fed. Moreover, female fleas can breed without a blood meal. If you find early signs of bed bugs on sheets, you should deal with them in time.

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