

How Do I Know What Size Sheets to Buy?

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There are many things to take into consideration when buying sheets, like the colors and best material for [bed sheets](#), but none is as important as determining the right [bed sheet sizes](#). In the event that your mattress's bigger than the standard size (perhaps your mattress is fitted with additional padding, or you're using a thick mattress pad or mattress topper) you might have to bedding size up. Beware of the discomfort caused by fitted sheets that don't connect to the edges of your mattress, and pick the ideal sheets to get a good night's rest.

Before you purchase sheets, make sure you are aware of the depth that your mattress is. The thickness of your mattress is the thickness and the size the mattress has from the top to the bottom. While mattresses generally have the same width and height, they may vary ever so slightly. In addition, depending on the firmness and material within the mattress, the thicknesses may differ. This is crucial to be aware of when purchasing new sheets, since it may alter the fit of standard sheets. Mattress depth can be classified by the following methods:

Standard Mattress: 7 to 12 inches high
Deep Mattress: 13 to 15 inches high
Extra Deep Mattress: 16 to 22 inches high

Here are a few easy steps to take into measuring your mattress and find the dimensions of it:

- Strip your bed of all blankets, sheets, and pillows to ensure your measurements are accurate.
- Using measuring tape, measure the length of your bed from the foot to the head of the mattress. Make sure to round up your measurements if necessary.
- Then, measure the width by taking the measuring tape across your mattress from left to right. Complete this measurement at the center of the mattress to account for any

fullness at the center.·Lastly, measure the mattress vertically to determine its thickness or height. If you use a mattress topper or the bed has a pillow top, include it in your measurements to ensure the sheets will cover it and the mattress adequately. Don't include your box spring or foundation in this measurement, since it won't be covered by your bed sheets.

Bed sheets can have small size differences based on the manufacturer, so even if you're buying queen sheets for your queen-sized bed, they might not be as perfect as you'd hoped. Therefore, whether before purchasing bed sheets or **duvet covers**, measure your mattress, or check the label if it's still affixed, and note down the measurements. While it's acceptable to allow your **top sheet** and comforter to be a few inches apart, your fitted sheet should match perfectly with your mattress, so it won't bunch or fall off.

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