

Dear Lifesaver Podcast - Ep#6: How To Find Your Purpose



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Here, we're tackling some big questions we have about aid in the 21st century, finding out what it takes to save a life, and exploring how faith factors into all of this...

The biggest question is, could you help save and transform more lives by learning something new about humanitarian aid?

In this episode, Sara and Nabilah are speaking with the Director of Islamic Relief UK, Tufail Hussain.

Losing one's self in the hustle and bustle of modern life and day-to-day hardships is an all too common occurrence for many of us, who, at the end of our day, may struggle to figure out why we're doing anything at all...

Tufail Hussain shares with us what his 16 years experience in the humanitarian and development sector and a perfect storm of successes and poignant hardships have done to help him cultivate a sense of purpose.

We find out how faith, hardship, your chosen career and what you treasure most in life, can help anchor you in your day-to-day and why that's an essential part of living purposefully.

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